



Principal's Newsletter

November 2009

Timberlane Regional High School

Don Woodworth,
Principal

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Upcoming Events

No-School— Thanksgiving	Nov 25-27
EHS Coffee House	Dec 3 6:00
Junior Class Semi-Formal	Dec 5
Job Search Seminar (see page 3)	Dec. 7- 9-14-16
Financial Aid Night	Dec 8 6:30
Chorus/Jazz Band Concerts	Dec 10 7:00
Winter Vacation Week	Dec 24 – Jan 3

H1N1 Impacts TRHS in Many Ways

With two minutes to go in sixth period, students jump out of their seats and head for the cafeteria exit, but they can't leave—yet. No, we are not trying to deprive them of a chance to digest their food! Rather, this is the time that the custodians and Café Services staff rush to spray and wipe down all 45 lunch tables in just over three minutes—just part of Timberlane's reaction to the H1N1 pandemic.

While TRHS has not been impacted as much as some other schools in New Hampshire and across the country, the number of students absent each day over the last several weeks has been significantly higher than normal.

At a recent Safety Committee Meeting, school nurse Candace Lee reported about the changes that have taken place in the health office, and the latest information from state health officials. Mrs. Lee reported that state and federal officials do not expect the H1N1 flu to 'peak' until sometime in January. She told the group that the health office has started to routinely put masks on students reporting to the office with flu-like symptoms, and that it is 'normal' for kids to be out for 3-4 days at a time.

Our custodial staff, under the direction of the irascible Warren Currier have undertaken a huge number of new

tasks in response to H1N1. The staff has redoubled their efforts to wipe off all door handles, water fountains, and other commonly touched surfaces in the building at least once a day, and many surfaces are cleaned several times a day.

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Champions!

Field Hockey Completes Undefeated Season with Title

Emily Cannon's goal five minutes into overtime set off a wild celebration at Bedford HS November 1, as the Owls Field Hockey team capped an undefeated season by securing the first field hockey state title in school history and a magical 17-0 season.

Coming into the final, the Owls had surrendered just six goals for the season, which led to a state of shock for both teams and spectators when the team fell behind in the second minute of the game, and then again when it was

tied at two goals each with only 14 minutes played. The game remained deadlocked until Cannon's backhanded shot off a corner ended it.

Goals in regulation were scored by Nikki Rothwell and Krista DeLuca. Backstopping the Owl defense for all 70 minutes was goaltender Kati Orban, who shared duties all season with Carrie Dresser.

The game marked Timberlane's third trip to the final under head coach Mim Ryan, but the first

time they brought home the big plaque. Coach Ryan, hobbled by a broken foot during the entire season, managed to dive onto the pile of players during the post-game celebration.

Emily Cannon was honored as Class L Player of the Year, and Cannon, Rothwell and Sarah Calder made the state All-Star teams. Cannon and Rothwell will represent NH in the twin-state game vs. Vermont next spring. Congratulations to the entire team!

"There are two educations. One should teach us how to make a living, and the other how to live."
—John Adams

Homecoming a Smashing Success

The week of October 5th was a busy time at TRHS. For the first time in memory, Homecoming returned to campus. The Student Council, under the leadership of President Sarah Matson, advisor Jennifer Libby-Barth and the rest of the "StuCo Kids" did a terrific job organizing a fun week for all involved.

Monday night saw the two Senior Class Presidents emerging victorious in this year's Mr. and Ms. Timberlane competition, which included an inter-

view portion, talent, and even best belch by the ladies, and best legs by the gents. Julie Guzman and Josh Tubbs bested a field of 10 other contestants to claim the titles.

Wednesday night's carnival was an opportunity for over two dozen student clubs and organizations to raise a bit of money while classes competed in powder puff football and field hockey. The juniors took home the title in football, while the senior boys were victorious in the field hockey game.

Friday and Saturday were highlighted by home games for almost all fall sports teams following the in-school pep rally. Thanks to the cheerleaders and pep band for performing during the rally.

Saturday night closed the week with the dance, which had a "dress up" theme. Tori Hastings and Chris Dow were crowned the first ever Timberlane Homecoming Queen and King. Many thanks to the dozens of teachers involved in making this week a successful one.

Program of Studies for 2010-2011 Already In The Works

Although the 2010-2011 school year seems a long way away, the *Program of Studies*, which lists the course offerings for the new year, is being prepared and goes to the printer in early December.

Several significant course changes will be fully outlined in the new *Program*, impacting most academic departments through the addition of several advanced courses for our students.

Spanish and French students will now be able to complete a fifth level of their language, as the highly successful middle school program has allowed some of our seniors to reach level V.

English students can now choose a second level of Creative Writing, and the Art Department will be adding Pottery II to their offerings.

The Math Department is preparing to finalize *College Math*, which will offer

students at the CCP level a chance to earn dual credit—at TRHS and in the New Hampshire Community College system. This course, under the state's "Project Running Start" program, will award credits to students who may apply them to the NHCC system and many other New England schools. For most students, this will also be a fourth year of math, and an introduction to the curriculum they will experience in college.

The Technology Department is finalizing plans for a new programming course that will utilize "Flash", the software that makes advertisements on websites move and games come alive for players. Students wishing to take classes in the culinary arts will now have twice the opportunity, as the full-year *Culinary Classics* transforms into a half-year *Contemporary Culinary Arts* course.

The PE Department is adding *Competitive Fitness and Activities* which will allow students the chance to compete in class at a higher level, and to hone their conditioning and fitness skills.

Course selection for 2010-11 begins shortly after mid-terms in January.



Caitlin Altobelli controls the ball early in the season vs. Winnacunnet.

Students Meet Veterans, Wall of Honor Planned

For many students, Veteran's Day can seem like just another day off from school. A time to sleep late, play the latest video game, or work a couple of extra hours. For the members of our Historical Honor Society, the day had a little extra meaning this year.

On the day before Veteran's Day, these 42 students spent part of the day with a group of five area veterans, who met with the HHS members to tell stories, answer questions, and collect images of some of the veteran's memorabilia from World

War II. HHS is creating an online museum which will allow district students and community members to access these experiences and images, as well as information on our local veterans.

Four types of artifacts will make up the museum's collection: Video, images of the veterans items, audio of interviews HHS has completed with the veterans, and interview transcripts.

HHS students are currently in the process of collecting information as a first step toward a permanent 'Wall of Honor' that

will recognize Timberlane graduates who have served, or are currently serving in the military.

HHS advisor Ryan Richman and teacher Dan Donnellan are overseeing the process, and would appreciate any information you have on current service men and women. They may be reached through the main high school phone number—382-6541.

"The mind is not a vessel to be filled, but a fire to be kindled."
—Plutarch

Job Search Seminar Scheduled

Finding a job in a tough economy is a full-time occupation. Timberlane's Division of Alternative and Continuing Education wants to help. Starting Dec. 7th, and running Monday and Tuesday nights for two weeks, we will be offering a free seminar hosted by Susan Henry. Susan has a master's level certification in

career counseling, and 30+ years experience in corporate America working with prospective employees. Topics will include the job search process, writing a resume that will get noticed, interview techniques and practice, and the use of the all important network.

For more information,



check the TRHS website (www.timberlanehs.com). Residents-only registration runs through Dec. 4, so don't wait to sign up or pass along this information.

The Owls surrendered just six goals in the regular season. Here, they line up for a critical penalty corner in overtime

H1N1 Impacts (continued from page 1)

Several teachers have come down with flu-like symptoms, and teachers have seen many more students with incomplete grades for first quarter. Both students and teachers have been incredibly flexible regarding the pile of make up work that results, and most students are back on track in about a week's time.

As the year progresses, we will continue to be vigilant in our response to the flu pandemic and will consult regularly with local and state officials. At this time, health professionals recommend that all students with flu-like symptoms stay home and see their physician, but are not recommending the closure of schools with

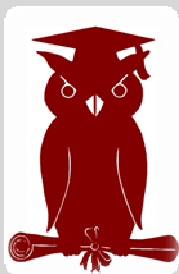
mild outbreak levels. TRHS is also on the list of local sites chosen for a potential mass inoculation process that is not planned at this time.

If you have questions about H1N1, check out the State's website at www.nh.gov/h1n1, or the federal US Center for Disease Control's site, www.flu.gov.

Timberlane Regional High School

Serving the students of Sandown, Plaistow, Danville and Atkinson, New Hampshire since 1966.

On the web:
timberlanehs.com



Changes to GPA Calculations for Freshman

This past spring, the Timberlane Regional School Board approved changes to the way that our GPA calculations are made. The differential between CCP and ACC courses has been adjusted to an added 0.3 points, and a new level has been added to recognize the added difficulty of AP courses. AP courses will earn a 0.5 point 'bump' from CCP level courses.

The new system will apply to all future classes starting with this year's freshman. The former system will remain for those in the Sophomore, Junior and Senior classes.

GPA Scale: Class of 2013 and later			
Grade	CCP	ACC	AP
A +	4.30	4.60	4.80
A	4.00	4.30	4.50
A -	3.70	4.20	4.20
B +	3.30	3.60	3.80
B	3.00	3.30	3.50
B -	2.70	3.00	3.20
C +	2.30	2.60	2.80
C	2.00	2.30	2.50
C -	1.70	2.00	2.20
D +	1.30	1.60	1.80
D	1.00	1.30	1.50
D -	0.70	1.00	1.20
F	0.00	0.00	0.00

Happenings

The **Boys Volleyball Team** reached the state finals for the second straight year, falling to Salem three games to one. Timberlane was the only team to take a game off of Salem this year. Boys volleyball takes next fall off, as it migrates to the spring season beginning in the 2010-11 school year.

The **Timberlane Players** packed the house for three days of comedy at the Performing Arts Center. Neil Simon's classic, *The Odd Couple* entertained audiences with four separate casts performing two different versions—male and female. Upcoming shows include the *Glass Menagerie* in March and *Beauty and the Beast*, this year's musical coming up in May.

Members of the **Student Council** travelled to Waterville Valley recently for the annual N.H. Association of Student Councils' conference. Courtney Yelle, Hannah Knuuttunen, Brandon Birmingham, Kyle Roberts and Emily Marden heard from speakers and met with other student councils from across New Hampshire as a way to develop their leadership skills and share ideas for activities back here at TRHS.

Former TRHS Principal **Charles Coker**, now the district's Director of Secondary Education, has accepted a new position in North Carolina, and will be leaving us in early December. Many thanks to 'Chuck' for his six years of service to the students of Timberlane.



Senior Matt Dionne was a force at the net for the Boys Volleyball team, helping them advance to the finals for the second straight year.

(thanks to the *Eagle Tribune*)