

2009 Youth Risk Behavior Survey

Timberlane Regional
Middle School



ROTHENBACH

RESEARCH and CONSULTING, LLC

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Methodology

This survey was sponsored by Allies in Substance Abuse Prevention. Funding was provided by the Strategic Prevention Framework State Incentive Grant (SPF SIG) program. The SPF SIG program is administered through the New Hampshire Department of Health and Human Services with funding from the Substance Abuse and Mental Health Services Administration.

All together, 980 Timberlane Regional Middle School students in grades 6 through 8 participated in the survey. The data were collected in the spring of 2009. Rothenbach Research and Consulting, LLC, prepared this report.

Introduction

Among youth and young adults in the United States, nearly three quarters of all deaths are caused by motor vehicle accidents, unintentional injuries, homicide, or suicide. This age group also experiences health problems and social problems resulting from teenage pregnancies and sexually transmitted diseases. Among adults, nearly two thirds of deaths are linked to either cardiovascular diseases or cancer.

These leading causes of morbidity and mortality are related to five categories of youth behavior: (1) alcohol, tobacco, and other drug (ATOD) use; (2) behaviors that lead to unintentional injuries; (3) sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases; (4) poor nutrition; and (5) low levels of physical activity. The Youth Risk Behavior Survey (YRBS) was developed by the United States Centers for Disease Control and Prevention (CDC) to monitor these behaviors among middle school and high school students. The data collected across these five behavioral areas can help schools, government agencies, and community organizations develop health programs and drug abuse and violence prevention plans. Follow-up waves of YRBS data can be used to monitor progress toward meeting program benchmarks.

Administration Procedures

The survey was administered in the classroom. Each teacher received an appropriate number of survey booklets. With a total of 77 questions, the booklet was short enough to allow the survey to be easily completed in one class period.

Students were asked to complete the survey but were also told that participation is voluntary. Furthermore, students were told that they could skip any question that they were not comfortable answering. Both the teacher and the written instructions on the front of the booklet assured students that the survey was anonymous and confidential. Student names were not recorded as part of the survey process. Appropriate procedures were implemented for obtaining permission from parents for student participation.

Data Quality

CDC’s guidelines for ensuring the quality of YRBS data were implemented during the processing of this report. Timberlane Regional Middle School students were cooperative.

- Each survey record was examined for logically inconsistent responses. For example, if a student reported in one question that she never tried smoking, but in a later question reported smoking within the past 30 days, the responses to both questions would be recoded as missing values.
- Survey records were marked as invalid if the student answered 25 questions or less.
- The variables for height and weight were recoded as missing values if students reported biologically implausible values.

Sample Analysis

A number of variables—such as the readability of the survey questionnaire, the effectiveness of the administration process, and the amount of time students have to complete the survey—can affect the quality of survey data. In addition to factors like these, which influence the ability of students to provide good information, the way students are selected to participate in the survey can affect the results.

In order for the survey report to truly reflect the attitudes and behaviors of the surveyed population, the sample of students drawn to participate in the study should accurately represent the surveyed population. Three of the most important factors in this selection process are: (1) the grades chosen to participate in the survey effort, (2) the grade distribution of the sample relative to the grade distribution of school enrollment, and (3) the size of the sample within each grade.

Surveyed Grades

The results of the Timberlane Regional Middle School YRBS are presented for individual grade levels and the overall sample. The overall results must be interpreted in light of the sampling composition, especially which grades were included in the sample. This is important because the behaviors and attitudes measured by the YRBS are strongly associated with a respondent’s age.

In Timberlane Regional Middle School, students in grades 6 through 8 participated in the survey. Since this includes the full range of grade levels in the school, the overall survey results can be interpreted as representing the attitudes and behaviors of the student population as a whole rather than just individual grade levels.

Grade Distribution

In addition to considering which grades have been surveyed, it is also important to examine the distribution of the sample across grade levels. This can be done by comparing the grade level distribution of the population (from school enrollment figures) to the grade level distribution of the survey sample. These distributions are shown in the table below. Ideally, the percentage of students in each grade of the sample should approximate the percentage of students who are enrolled in each

grade. Large differences indicate that the sample is unbalanced across grade levels and might be notably younger or older than the actual student population.

Sample Size

When reviewing survey results people often ask, “What is the margin of error?” This is referred to as the “confidence interval,” and it reflects the precision of a statistical estimate. For example, a confidence interval of ± 3.0 points for a drug use prevalence rate of 50.0% means that there is a 95% chance that the true score is between 47.0% and 53.0%.

For school-based survey research, confidence intervals are determined by the size of the sample relative to the school’s enrollment. The higher the percentage of a school’s total enrollment that is included in the sample, the smaller the confidence interval and the more precise the results. The following table presents confidence intervals for both grade-level and overall estimates. Note that these confidence intervals are for prevalence rates of 50%. For less prevalent behaviors the confidence interval narrows substantially.

For the Timberlane Regional Middle School survey, maximum grade-level confidence intervals range from a low of ± 1.8 percentage points for 8th graders to a high of ± 2.1 percentage points for 7th graders. Estimates for the overall sample have a maximum confidence interval of ± 1.1 percentage points. For an overall prevalence rate of 50%, there is a 95% chance that the true prevalence rate ranges between 48.9% and 51.1%.

Grade	Population		Sample		Confidence Interval
	Number	Percentage	Number	Percentage	
6 th	370	33.0	327	33.4	1.9
7 th	371	33.1	316	32.2	2.1
8 th	381	34.0	337	34.4	1.8
Totals	1,122	100.0	980	100.0	1.1

Note: Rounding can produce totals that do not equal 100%. The sample total in this table does not include respondents who did not select a grade level on the survey.

Demographic Profile

A demographic profile of the survey sample is presented in the table below. A slightly higher percentage of Timberlane Regional Middle School students were female (51.6%) than male (48.4%). In response to the questions about race and ethnicity, a majority of students identified themselves as White (89.2%). All other race and ethnic categories were less than 4.0%. In order to protect respondent anonymity, survey results for non-White students will be combined into a single category labeled "Other."

Demographic Characteristics of Surveyed Youth

	<u>Number</u>	<u>Percentage</u>
Total Valid Surveys	980	100.0
Gender		
Female	495	51.6
Male	465	48.4
Race and Ethnicity		
American Indian or Alaska Native	27	2.8
Asian	9	0.9
Black or African American	15	1.6
Hispanic or Latino	14	1.5
Native Hawaiian or Other Pacific Islander	9	0.9
White	860	89.2
Multiple Response	30	3.1

Note: Rounding can produce totals that do not equal 100%. Students are able to select more than one race or ethnic category.

Organization of this Report

In this report, Timberlane Regional Middle School’s YRBS results are organized into eight categories: (1) use of alcohol, tobacco, and other drugs; (2) automobile and bicycle safety; (3) violence-related behavior; (4) sexual behavior; (5) suicide-related attitudes and behavior; (6) body weight and dieting; (7) physical activity and health; and (8) additional tables.

Each section contains one or more results summary tables. Most of the data points presented in these tables show the percentage of students reporting a behavior or attitude (also known as a prevalence rate). (An example of a prevalence rate is the percentage of students who have used marijuana.) If a survey item addresses behavior within a finite period of time, that time period—past 30 days—is specified in either the description of the survey item or in a note at the bottom of the table.

For some survey items, summary data are more appropriately presented as averages. (The average number of hours of television watched on a school day provides an example.) Please note that these averages are estimates because some response categories—such as “4 or more times per day”—cannot be assigned precise values. Items that cannot be logically presented as percentages or averages are not included in the summary tables. The eight sections also include detailed tables with full response distributions for each survey question.

Use of Alcohol, Tobacco, and Other Drugs

The 2009 YRBS includes 44 items that address the use of alcohol, tobacco, and other drugs (ATODs). Results for this item set are presented in two formats. First, three results summary tables present prevalence-of-use rates or average age of first use. Second, full response distributions are presented for all 44 items. The item-level response distributions are presented in the same order in which they appear in the survey booklet. Both the summary tables and the response distribution tables show results by gender group, grade level, and the overall sample. The response distribution tables also show results by race and ethnic group.

Results Summary – Lifetime ATOD Use						
	Female	Male	6th	7th	8th	All
Alcohol	20.0	20.8	7.1	23.6	30.1	20.3
Cigarettes	10.0	10.2	3.7	10.2	15.4	9.9
Inhalants	10.7	7.4	6.5	7.9	12.8	9.1
Marijuana	5.7	6.5	2.4	3.8	11.3	5.9
Cocaine	4.0	3.7	2.5	2.5	6.2	3.8
Steroids	2.1	4.6	1.6	3.0	5.1	3.2
Amphetamines	3.2	2.2	1.8	1.3	4.7	2.7
Prescription Drugs (in order to get high)	4.0	2.6	1.3	2.2	6.2	3.3
Over-the-Counter Drugs (in order to get high)	2.7	1.6	1.0	1.6	3.8	2.1

Note: Data points show the percentage of respondents who reported one or more occasions of use in their lifetimes.

- For the overall sample, Timberlane Regional Middle School students reported the highest lifetime prevalence-of-use rates for alcohol (20.3%), cigarettes (9.9%) and inhalants (9.1%). Other lifetime prevalence rates ranged from 2.1% for over-the-counter drugs to 5.9% for marijuana.
- Males have higher rates for lifetime steroid use (2.1% among females versus 4.6% among males), while females reported a higher rate for inhalants (10.7% among females versus 7.4% among males) and prescription drugs (4.0% among females versus 2.6% among males).

Results Summary – Past-30-Day ATOD Use

	Female	Male	6th	7th	8th	All
Alcohol	8.9	6.8	3.4	8.6	11.1	7.7
Cigarettes	4.1	2.8	1.6	2.6	6.0	3.4
Smokeless Tobacco	2.4	3.0	0.9	2.6	4.5	2.7
Cigars/Cigarillos	2.2	2.4	1.5	1.3	3.9	2.2
Marijuana	4.4	3.0	1.2	2.2	7.5	3.7
Inhalants	6.3	4.3	3.4	5.1	7.1	5.2
Prescription Drugs (in order to get high)	3.9	2.6	1.3	2.2	6.1	3.2
Over-the-Counter Drugs (in order to get high)	2.7	1.6	1.0	1.6	3.7	2.1

Note: Data points show the percentage of respondents who reported one or more occasions of use in the past 30 days.

- For the overall sample, Timberlane Regional Middle School students reported the highest past-30-day prevalence-of-use rates for alcohol (7.7%) and inhalants (5.2%).
- Female respondents reported high rates of current use for six out of eight substance categories.

Results Summary – Age of First ATOD Use

	Female	Male	6th	7th	8th	All
Alcohol	11.2	10.8	9.6	10.8	11.6	11.0
Cigarettes	11.7	10.6	9.9	11.3	11.5	11.2
Marijuana	12.1	11.1	10.3	11.5	11.9	11.6

Note: Data points show the average age of first use. Averages only include responses from students who reported ATOD use.

Special care should be taken when evaluating age-of-first-use data. While the average age of first use is typically lower in the earlier grades than it is in the later ones, this should not be interpreted as indicating that the younger cohorts are initiating substance use at an earlier age than the older cohorts did. Rather, the average age for each cohort increases as its members progress through

school and more of them initiate experimentation with ATODs. For this reason, the question “When do students first start using alcohol?” is best answered by examining the responses of students in the highest grade level surveyed because they can best reflect on their middle-school experiences and accurately report the age they first started using drugs.

- On average, 8th grade Timberlane Regional Middle School students reported first using alcohol at age 11.6, first using cigarettes at age 11.5, and first using marijuana at age 11.9.

Have you ever tried cigarette smoking, even one or two puffs?		
	Yes	No
Overall Sample	9.9	90.1
Grade Level		
6 th	3.7	96.3
7 th	10.2	89.8
8 th	15.4	84.6
Gender		
Female	10.0	90.0
Male	10.2	89.8
Race and Ethnicity		
White	8.9	91.1
Other	18.4	81.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How old were you when you smoked a whole cigarette for the first time?

	Never Smoked	8 Years or Younger	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years or Older
Overall Sample	92.8	1.0	0.1	0.9	1.3	1.9	1.7	0.2
Grade Level								
6 th	97.2	0.6	0.3	0.6	1.3	0.0	0.0	0.0
7 th	94.8	0.0	0.0	1.6	1.3	1.6	0.6	0.0
8 th	86.9	2.4	0.0	0.6	1.5	3.9	4.2	0.6
Gender								
Female	92.2	0.6	0.0	1.0	1.0	2.3	2.7	0.2
Male	93.2	1.5	0.2	0.9	1.8	1.5	0.7	0.2
Race and Ethnicity								
White	93.7	0.7	0.1	0.6	1.4	1.7	1.7	0.1
Other	85.6	3.8	0.0	3.8	1.0	2.9	1.9	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you smoke cigarettes?

	0 Days	1 or 2 Days	3 to 5 Days	6 to 9 Days	10 to 19 Days	20 to 29 Days	All 30 Days
Overall Sample	96.6	1.4	0.5	0.5	0.1	0.3	0.5
Grade Level							
6 th	98.4	0.6	0.3	0.0	0.0	0.3	0.3
7 th	97.4	1.3	0.3	0.6	0.3	0.0	0.0
8 th	94.0	2.4	0.9	0.9	0.0	0.6	1.2
Gender							
Female	95.9	2.2	0.6	0.6	0.2	0.2	0.2
Male	97.2	0.7	0.4	0.4	0.0	0.4	0.9
Race and Ethnicity							
White	96.9	1.3	0.6	0.5	0.1	0.2	0.4
Other	93.1	2.9	0.0	1.0	0.0	1.0	2.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

	Did Not Smoke	<1 per Day	1 per Day	2 to 5 per Day	6 to 10 per Day	11 to 20 per Day	>20 per Day
Overall Sample	96.6	0.9	0.9	0.9	0.1	0.1	0.4
Grade Level							
6 th	98.4	0.3	0.3	0.6	0.0	0.0	0.3
7 th	97.4	1.0	1.3	0.3	0.0	0.0	0.0
8 th	94.0	1.5	1.2	1.8	0.3	0.3	0.9
Gender							
Female	95.9	1.8	0.8	1.2	0.0	0.2	0.0
Male	97.2	0.0	1.1	0.7	0.2	0.0	0.9
Race and Ethnicity							
White	96.9	0.9	0.9	0.8	0.1	0.0	0.2
Other	93.2	1.0	1.0	1.9	0.0	1.0	1.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how did you usually get your own cigarettes?

	Did Not Smoke	Bought at Store	Vending Machine	Gave Money to Someone to Buy for Me	Borrowed	Person 18+ Years Gave to Me	Took from Store or Family	Other Way
Overall Sample	96.4	0.2	0.0	0.6	0.6	0.7	0.6	0.8
Grade Level								
6 th	98.4	0.3	0.0	0.3	0.6	0.3	0.0	0.0
7 th	97.4	0.0	0.0	0.0	0.6	0.3	1.0	0.6
8 th	93.5	0.3	0.0	1.5	0.6	1.5	0.9	1.8
Gender								
Female	95.9	0.0	0.0	0.6	0.8	1.0	0.8	0.8
Male	96.7	0.4	0.0	0.7	0.4	0.4	0.4	0.9
Race and Ethnicity								
White	96.7	0.1	0.0	0.5	0.7	0.7	0.5	0.8
Other	93.1	1.0	0.0	2.0	0.0	1.0	2.0	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

	I did not try to buy cigarettes in a store during the past 30 days	Yes, I was asked to show proof of age	No, I was not asked to show proof of age
Overall Sample	98.4	0.3	1.3
Grade Level			
6 th	99.1	0.3	0.6
7 th	98.7	0.0	1.3
8 th	97.3	0.6	2.1
Gender			
Female	98.8	0.2	1.0
Male	97.8	0.4	1.7
Race and Ethnicity			
White	98.9	0.2	0.8
Other	93.2	1.0	5.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?

	Yes	No
Overall Sample	1.5	98.5
Grade Level		
6 th	0.6	99.4
7 th	0.6	99.4
8 th	3.0	97.0
Gender		
Female	1.4	98.6
Male	1.5	98.5
Race and Ethnicity		
White	1.1	98.9
Other	4.9	95.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

	0 Days	1 or 2 Days	3 to 5 Days	6 to 9 Days	10 to 19 Days	20 to 29 Days	All 30 Days
Overall Sample	97.3	1.3	0.3	0.2	0.2	0.1	0.5
Grade Level							
6 th	99.1	0.6	0.0	0.0	0.0	0.0	0.3
7 th	97.4	1.9	0.6	0.0	0.0	0.0	0.0
8 th	95.5	1.5	0.3	0.6	0.6	0.3	1.2
Gender							
Female	97.6	1.2	0.6	0.0	0.2	0.0	0.4
Male	97.0	1.5	0.0	0.4	0.2	0.2	0.7
Race and Ethnicity							
White	97.5	1.3	0.4	0.2	0.2	0.1	0.2
Other	95.2	1.9	0.0	0.0	0.0	0.0	2.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

	0 Days	1 or 2 Days	3 to 5 Days	6 to 9 Days	10 to 19 Days	20 to 29 Days	All 30 Days
Overall Sample	97.8	0.9	0.6	0.1	0.1	0.1	0.4
Grade Level							
6 th	98.5	0.6	0.6	0.0	0.0	0.0	0.3
7 th	98.7	1.0	0.0	0.3	0.0	0.0	0.0
8 th	96.1	1.2	1.2	0.0	0.3	0.3	0.9
Gender							
Female	97.8	1.0	0.6	0.2	0.0	0.2	0.2
Male	97.6	0.9	0.6	0.0	0.2	0.0	0.6
Race and Ethnicity							
White	97.9	1.0	0.6	0.1	0.1	0.0	0.2
Other	96.2	0.0	1.0	0.0	0.0	1.0	1.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever had a drink of alcohol, other than a few sips?

	Yes	No
Overall Sample	20.3	79.7
Grade Level		
6 th	7.1	92.9
7 th	23.6	76.4
8 th	30.1	69.9
Gender		
Female	20.0	80.0
Male	20.8	79.2
Race and Ethnicity		
White	19.1	80.9
Other	32.7	67.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, on how many days have you had at least one drink of alcohol?

	0 Days	1 or 2 Days	3 to 9 Days	10 to 19 Days	20 to 39 Days	40 to 99 Days	100 or more Days
Overall Sample	78.5	11.0	4.3	2.2	1.6	1.1	1.3
Grade Level							
6 th	91.7	4.9	1.2	1.8	0.0	0.0	0.3
7 th	74.2	13.4	4.8	2.9	2.2	2.2	0.3
8 th	69.6	14.6	6.8	1.8	2.7	1.2	3.3
Gender							
Female	78.5	9.7	4.7	1.8	2.4	1.6	1.2
Male	78.1	12.1	4.1	2.6	0.9	0.6	1.5
Race and Ethnicity							
White	79.6	10.4	4.4	2.0	1.6	1.1	0.8
Other	67.3	16.3	3.8	2.9	1.9	1.9	5.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How old were you when you had your first drink of alcohol other than a few sips?

	Never Had a Drink	8 Years or Younger	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years or Older
Overall Sample	78.4	2.9	1.5	3.3	4.1	5.2	3.6	0.9
Grade Level								
6 th	90.6	2.5	1.6	3.1	1.6	0.6	0.0	0.0
7 th	75.6	1.6	2.3	4.9	7.5	6.8	1.3	0.0
8 th	69.4	4.5	0.6	2.1	3.6	8.0	9.2	2.7
Gender								
Female	78.8	2.9	1.4	2.1	3.9	5.8	4.3	0.8
Male	77.8	3.0	1.5	4.8	4.3	4.6	2.8	1.1
Race and Ethnicity								
White	79.9	2.4	1.3	3.2	4.0	5.0	3.3	0.9
Other	64.4	7.7	2.9	4.8	5.8	6.7	6.7	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you have at least one drink of alcohol?

	0 Days	1 or 2 Days	3 to 5 Days	6 to 9 Days	10 to 19 Days	20 to 29 Days	All 30 Days
Overall Sample	92.3	4.3	1.1	0.7	0.4	0.4	0.7
Grade Level							
6 th	96.6	2.5	0.3	0.0	0.0	0.3	0.3
7 th	91.4	4.8	1.6	1.0	0.6	0.6	0.0
8 th	88.9	5.7	1.5	1.2	0.6	0.3	1.8
Gender							
Female	91.1	3.9	1.8	1.4	0.8	0.6	0.4
Male	93.2	5.0	0.4	0.0	0.0	0.2	1.1
Race and Ethnicity							
White	92.7	4.5	0.9	0.7	0.4	0.5	0.4
Other	88.3	3.9	1.9	1.0	1.0	0.0	3.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	0 Days	1 or 2 Days	3 to 5 Days	6 to 9 Days	10 to 19 Days	20 to 29 Days	All 30 Days
Overall Sample	98.8	0.6	0.0	0.2	0.1	0.1	0.2
Grade Level							
6 th	99.4	0.3	0.0	0.3	0.0	0.0	0.0
7 th	99.0	0.3	0.0	0.3	0.3	0.0	0.0
8 th	97.9	1.2	0.0	0.0	0.0	0.3	0.6
Gender							
Female	98.4	1.0	0.0	0.2	0.2	0.2	0.0
Male	99.1	0.2	0.0	0.2	0.0	0.0	0.4
Race and Ethnicity							
White	99.1	0.6	0.0	0.1	0.1	0.0	0.1
Other	96.1	1.0	0.0	1.0	0.0	1.0	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How wrong would most adults in your neighborhood think it was for kids your age to drink alcohol?

	Very wrong	Wrong	A little bit wrong	Not wrong at all	I don't know
Overall Sample	61.8	19.7	3.4	0.9	14.2
Grade Level					
6 th	70.2	12.0	2.2	0.6	15.1
7 th	62.1	22.0	2.9	0.3	12.7
8 th	53.4	25.1	5.1	1.8	14.6
Gender					
Female	58.9	22.9	2.4	0.8	15.0
Male	64.3	17.0	4.3	0.9	13.5
Race and Ethnicity					
White	63.0	19.9	3.4	0.5	13.2
Other	50.5	17.5	3.9	4.9	23.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get some?

	Very hard	Sort of hard	Sort of easy	Very easy	I don't know
Overall Sample	26.0	11.1	16.8	14.7	31.3
Grade Level					
6 th	37.8	9.9	7.7	9.0	35.6
7 th	23.8	8.7	19.3	16.4	31.8
8 th	16.7	14.6	23.2	18.8	26.8
Gender					
Female	26.9	10.2	16.7	14.3	32.0
Male	25.4	12.4	16.5	15.4	30.2
Race and Ethnicity					
White	26.5	10.8	17.0	14.6	31.1
Other	19.2	13.5	16.3	18.3	32.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How wrong do your parents feel it would be for you to drink beer, wine, or hard liquor (for example, vodka, whiskey, or gin) regularly?

	Very wrong	Wrong	A little bit wrong	Not wrong at all	I don't know
Overall Sample	81.6	9.6	2.8	1.1	4.9
Grade Level					
6 th	86.2	5.5	2.2	0.6	5.5
7 th	81.8	10.2	2.5	0.3	5.1
8 th	76.9	12.9	3.6	2.4	4.2
Gender					
Female	81.9	9.1	3.7	1.2	4.1
Male	81.0	10.0	2.0	1.1	5.9
Race and Ethnicity					
White	82.4	9.9	2.5	0.6	4.7
Other	73.1	7.7	5.8	5.8	7.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How wrong do you think it is for someone your age to drink beer, wine, or hard liquor (for example vodka, whiskey, or gin) regularly?

	Very wrong	Wrong	A little bit wrong	Not wrong at all	I don't know
Overall Sample	64.4	20.4	7.3	3.0	5.0
Grade Level					
6 th	81.3	11.3	3.7	0.9	2.8
7 th	61.3	24.4	8.9	1.9	3.5
8 th	50.9	25.3	9.2	6.0	8.6
Gender					
Female	66.5	16.6	8.3	3.0	5.5
Male	61.9	24.4	6.5	2.8	4.5
Race and Ethnicity					
White	65.6	20.4	7.4	2.3	4.3
Other	51.9	21.2	7.7	8.7	10.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, or liquor) nearly every day?

	No risk	Slight risk	Moderate risk	Great risk	I don't know
Overall Sample	3.6	11.0	29.5	38.6	17.4
Grade Level					
6 th	3.7	11.3	26.0	39.8	19.3
7 th	1.0	10.8	30.3	40.8	17.2
8 th	6.0	10.7	32.1	35.4	15.8
Gender					
Female	2.6	9.9	28.5	42.5	16.4
Male	4.8	12.1	30.9	33.9	18.4
Race and Ethnicity					
White	3.5	10.6	29.7	38.1	18.1
Other	4.9	14.6	29.1	40.8	10.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever used marijuana?

	Yes	No
Overall Sample	5.9	94.1
Grade Level		
6 th	2.4	97.6
7 th	3.8	96.2
8 th	11.3	88.7
Gender		
Female	5.7	94.3
Male	6.5	93.5
Race and Ethnicity		
White	5.3	94.7
Other	11.5	88.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How old were you when you tried marijuana for the first time?

	Never Tried	8 Years or Younger	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years or Older
Overall Sample	94.1	0.8	0.0	0.4	1.2	0.9	2.3	0.3
Grade Level								
6 th	97.6	0.6	0.0	0.3	1.2	0.3	0.0	0.0
7 th	96.2	0.3	0.0	0.0	1.3	1.6	0.6	0.0
8 th	88.7	1.5	0.0	0.9	1.2	0.9	6.0	0.9
Gender								
Female	94.3	0.2	0.0	0.4	1.2	0.8	2.6	0.4
Male	93.5	1.5	0.0	0.4	1.3	1.1	2.0	0.2
Race and Ethnicity								
White	94.7	0.5	0.0	0.2	1.1	0.9	2.3	0.2
Other	88.5	3.8	0.0	1.9	2.9	1.0	1.0	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you use marijuana?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 or more times
Overall Sample	96.3	1.3	1.1	0.6	0.1	0.5
Grade Level						
6 th	98.8	0.6	0.3	0.0	0.0	0.3
7 th	97.8	1.0	0.6	0.6	0.0	0.0
8 th	92.5	2.4	2.4	1.2	0.3	1.2
Gender						
Female	95.6	1.8	1.4	1.0	0.0	0.2
Male	97.0	0.9	0.9	0.2	0.2	0.9
Race and Ethnicity						
White	96.8	1.4	1.1	0.4	0.1	0.2
Other	92.3	0.0	1.9	2.9	0.0	2.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you use marijuana on school property?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 or more times
Overall Sample	98.8	0.6	0.3	0.0	0.2	0.1
Grade Level						
6 th	99.4	0.0	0.6	0.0	0.0	0.0
7 th	99.7	0.3	0.0	0.0	0.0	0.0
8 th	97.3	1.5	0.3	0.0	0.6	0.3
Gender						
Female	98.8	0.8	0.2	0.0	0.2	0.0
Male	98.7	0.4	0.4	0.0	0.2	0.2
Race and Ethnicity						
White	99.1	0.6	0.2	0.0	0.1	0.0
Other	96.2	1.0	1.0	0.0	1.0	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How wrong would most adults in your neighborhood think it was for kids your age to use marijuana?

	Very wrong	Wrong	A little bit wrong	Not wrong at all	I don't know
Overall Sample	79.0	9.7	1.6	0.7	8.9
Grade Level					
6 th	85.6	5.8	0.6	0.3	7.7
7 th	79.6	9.3	1.9	0.0	9.3
8 th	72.1	13.9	2.4	1.8	9.8
Gender					
Female	75.5	12.0	1.2	0.6	10.8
Male	83.2	7.3	2.2	0.6	6.7
Race and Ethnicity					
White	79.6	9.5	1.5	0.6	8.9
Other	72.1	12.5	2.9	1.9	10.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

If you wanted to get some marijuana, how easy would it be for you to get some?

	Very hard	Sort of hard	Sort of easy	Very easy	I don't know
Overall Sample	50.4	6.1	6.4	5.9	31.3
Grade Level					
6 th	60.1	3.1	0.6	2.8	33.4
7 th	47.3	5.8	6.7	4.5	35.8
8 th	44.0	9.2	11.6	10.1	25.0
Gender					
Female	50.0	7.1	7.3	3.5	32.1
Male	51.4	5.0	5.2	8.5	29.9
Race and Ethnicity					
White	51.7	6.2	5.7	5.5	30.9
Other	38.8	4.9	12.6	9.7	34.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How wrong do your parents feel it would be for you to smoke marijuana?

	Very wrong	Wrong	A little bit wrong	Not wrong at all	I don't know
Overall Sample	90.8	4.3	0.5	0.6	3.8
Grade Level					
6 th	92.9	2.5	0.6	0.0	4.0
7 th	91.1	5.4	0.0	0.3	3.2
8 th	88.4	5.0	0.9	1.5	4.2
Gender					
Female	90.1	5.3	0.2	0.4	4.1
Male	91.4	3.5	0.9	0.9	3.5
Race and Ethnicity					
White	91.7	4.0	0.5	0.4	3.5
Other	81.7	7.7	1.0	2.9	6.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How wrong do you think it is for someone your age to smoke marijuana?

	Very wrong	Wrong	A little bit wrong	Not wrong at all	I don't know
Overall Sample	76.9	12.5	4.1	2.7	3.9
Grade Level					
6 th	89.0	7.1	0.9	0.6	2.5
7 th	78.7	13.1	3.8	1.3	3.2
8 th	63.5	17.2	7.4	5.9	5.9
Gender					
Female	77.3	12.2	4.5	2.2	3.9
Male	76.5	12.5	3.9	3.0	4.1
Race and Ethnicity					
White	77.9	12.6	3.6	2.3	3.6
Other	66.3	13.5	7.7	5.8	6.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	No risk	Slight risk	Moderate risk	Great risk	I don't know
Overall Sample	6.9	15.7	24.9	37.6	15.0
Grade Level					
6 th	3.7	14.5	23.1	42.2	16.6
7 th	3.8	15.5	26.3	38.3	16.1
8 th	12.8	17.0	25.3	32.4	12.5
Gender					
Female	4.5	16.0	27.5	36.8	15.2
Male	9.5	14.5	22.7	38.7	14.7
Race and Ethnicity					
White	6.9	15.2	24.6	37.8	15.5
Other	7.7	20.2	26.0	34.6	11.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?

	No risk	Slight risk	Moderate risk	Great risk	I don't know
Overall Sample	3.0	3.4	13.5	67.6	12.6
Grade Level					
6 th	2.8	1.8	8.9	72.6	13.8
7 th	2.2	2.9	13.7	69.5	11.7
8 th	3.9	5.3	17.8	60.8	12.2
Gender					
Female	1.6	2.6	13.1	69.3	13.3
Male	4.5	4.1	14.1	65.6	11.7
Race and Ethnicity					
White	2.7	3.3	13.3	67.7	13.1
Other	5.8	3.8	16.3	65.4	8.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever used any form of cocaine, including powder, crack, or freebase?

	Yes	No
Overall Sample	3.8	96.2
Grade Level		
6 th	2.5	97.5
7 th	2.5	97.5
8 th	6.2	93.8
Gender		
Female	4.0	96.0
Male	3.7	96.3
Race and Ethnicity		
White	3.0	97.0
Other	10.6	89.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever sniffed glue, or breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Yes	No
Overall Sample	9.1	90.9
Grade Level		
6 th	6.5	93.5
7 th	7.9	92.1
8 th	12.8	87.2
Gender		
Female	10.7	89.3
Male	7.4	92.6
Race and Ethnicity		
White	8.4	91.6
Other	16.3	83.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 or more times
Overall Sample	94.8	2.7	1.2	0.5	0.4	0.4
Grade Level						
6 th	96.6	2.2	0.3	0.3	0.3	0.3
7 th	94.9	2.9	1.3	1.0	0.0	0.0
8 th	92.9	3.0	2.1	0.3	0.9	0.9
Gender						
Female	93.7	3.0	2.2	0.6	0.2	0.2
Male	95.7	2.4	0.2	0.4	0.7	0.7
Race and Ethnicity						
White	95.2	2.8	0.9	0.5	0.5	0.1
Other	90.4	1.9	3.8	1.0	0.0	2.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever used steroids?

	Yes	No
Overall Sample	3.2	96.8
Grade Level		
6 th	1.6	98.4
7 th	3.0	97.0
8 th	5.1	94.9
Gender		
Female	2.1	97.9
Male	4.6	95.4
Race and Ethnicity		
White	2.8	97.2
Other	7.1	92.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you used amphetamines (also called speed) or methamphetamines (also called crystal or ice), or used Ritalin not as prescribed?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 or more times
Overall Sample	97.3	1.1	0.7	0.2	0.2	0.4
Grade Level						
6 th	98.2	1.2	0.3	0.0	0.0	0.3
7 th	98.7	0.3	0.6	0.3	0.0	0.0
8 th	95.3	1.8	1.2	0.3	0.6	0.9
Gender						
Female	96.8	1.4	1.2	0.2	0.0	0.4
Male	97.8	0.9	0.2	0.2	0.4	0.4
Race and Ethnicity						
White	97.8	0.9	0.8	0.1	0.2	0.1
Other	93.3	2.9	0.0	1.0	0.0	2.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever used a needle to inject any illegal drug into your body?

	Yes	No
Overall Sample	0.9	99.1
Grade Level		
6 th	0.3	99.7
7 th	0.3	99.7
8 th	2.1	97.9
Gender		
Female	0.6	99.4
Male	1.3	98.7
Race and Ethnicity		
White	0.6	99.4
Other	3.8	96.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Yes	No
Overall Sample	4.2	95.8
Grade Level		
6 th	1.9	98.1
7 th	1.9	98.1
8 th	8.6	91.4
Gender		
Female	3.2	96.8
Male	5.4	94.6
Race and Ethnicity		
White	3.5	96.5
Other	10.6	89.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

If you wanted to get some cocaine, LSD, or amphetamines, how easy would it be for you to get some?

	Very hard	Sort of hard	Sort of easy	Very easy	I don't know
Overall Sample	51.5	6.4	3.9	2.7	35.5
Grade Level					
6 th	57.4	3.1	0.9	1.9	36.7
7 th	48.2	6.1	4.8	1.6	39.3
8 th	49.0	9.8	5.9	4.5	30.9
Gender					
Female	51.8	6.1	5.3	1.8	35.0
Male	51.4	6.7	2.6	3.5	35.8
Race and Ethnicity					
White	53.1	6.3	3.6	2.1	34.9
Other	37.5	7.7	6.7	7.7	40.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Think of your 4 best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have used marijuana, LSD, cocaine, amphetamines or other illegal drugs?

	0	1	2	3	4
Overall Sample	82.4	8.8	4.0	1.6	3.1
Grade Level					
6 th	93.8	4.0	1.2	0.0	0.9
7 th	81.1	9.9	3.8	3.2	1.9
8 th	72.6	12.5	6.8	1.8	6.3
Gender					
Female	82.2	8.5	5.1	2.0	2.2
Male	82.4	9.3	2.8	1.3	4.1
Race and Ethnicity					
White	83.7	8.2	4.2	1.6	2.2
Other	72.1	12.5	2.9	1.9	10.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

About how many adults have you known personally who in the past year have used marijuana, crack, or other drugs?

	None	1 adult	2 adults	3-4 adults	5 or more
Overall Sample	71.9	12.7	7.0	4.5	3.9
Grade Level					
6 th	80.5	10.2	4.3	2.5	2.5
7 th	67.2	13.4	8.9	7.3	3.2
8 th	68.0	14.4	7.8	3.9	6.0
Gender					
Female	68.8	12.6	8.1	5.7	4.9
Male	75.1	12.4	5.9	3.5	3.1
Race and Ethnicity					
White	72.8	12.4	7.2	4.5	3.2
Other	61.8	15.7	6.9	4.9	10.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

About how many adults have you known personally who in the past year have sold or dealt drugs?

	None	1 adult	2 adults	3-4 adults	5 or more
Overall Sample	88.8	6.0	2.8	1.2	1.2
Grade Level					
6 th	95.7	2.8	0.0	0.6	0.9
7 th	85.4	7.3	5.4	1.0	1.0
8 th	85.4	7.7	3.0	2.1	1.8
Gender					
Female	88.3	5.5	4.0	1.4	0.8
Male	89.1	6.5	1.5	1.1	1.7
Race and Ethnicity					
White	89.6	6.0	2.7	1.2	0.6
Other	80.8	6.7	3.8	1.9	6.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever used prescription drugs in order to get high?

	Yes	No
Overall Sample	3.3	96.7
Grade Level		
6 th	1.3	98.7
7 th	2.2	97.8
8 th	6.2	93.8
Gender		
Female	4.0	96.0
Male	2.6	97.4
Race and Ethnicity		
White	2.8	97.2
Other	7.7	92.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you use prescription drugs in order to get high?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 or more times
Overall Sample	96.8	1.5	0.3	0.4	0.4	0.6
Grade Level						
6 th	98.7	0.6	0.3	0.0	0.0	0.3
7 th	97.8	1.0	0.0	0.3	1.0	0.0
8 th	93.9	2.7	0.6	0.9	0.3	1.5
Gender						
Female	96.1	1.9	0.4	0.6	0.6	0.4
Male	97.4	1.1	0.2	0.2	0.2	0.9
Race and Ethnicity						
White	97.3	1.6	0.2	0.2	0.5	0.2
Other	92.3	1.0	1.0	1.9	0.0	3.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever used drugs that can be purchased from a store without a prescription—such as cold and cough medication—in order to get high?

	Yes	No
Overall Sample	2.1	97.9
Grade Level		
6 th	1.0	99.0
7 th	1.6	98.4
8 th	3.8	96.2
Gender		
Female	2.7	97.3
Male	1.6	98.4
Race and Ethnicity		
White	1.6	98.4
Other	7.1	92.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you use drugs that can be purchased from a store without a prescription—such as cold and cough medication—in order to get high?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 or more times
Overall Sample	97.9	0.7	0.5	0.3	0.3	0.2
Grade Level						
6 th	99.0	0.6	0.0	0.0	0.3	0.0
7 th	98.4	0.6	0.6	0.3	0.0	0.0
8 th	96.3	0.9	0.9	0.6	0.6	0.6
Gender						
Female	97.3	1.1	0.8	0.4	0.2	0.2
Male	98.4	0.4	0.2	0.2	0.4	0.2
Race and Ethnicity						
White	98.4	0.6	0.2	0.4	0.4	0.0
Other	93.0	2.0	3.0	0.0	0.0	2.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Automobile and Bicycle Safety

The 2009 YRBS includes four items that address youth safety behaviors related to automobile and bicycle use. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for each of the four items. Second, full response distributions are presented for each item. The item-level response distributions are presented in the same order in which they appear in the survey booklet. Both the summary table and the response distribution tables show results by gender group, grade level, and the overall sample. The response distribution tables also show results by race and ethnic group.

Results Summary – Automobile and Bicycle Safety						
	Female	Male	6th	7th	8th	All
Always wear a seatbelt	63.9	62.8	72.1	61.3	57.3	63.5
Wear a helmet most of the time or always when riding a bike	41.0	38.3	48.5	40.8	29.6	39.7
Wear a helmet most of the time or always when rollerblading or skateboarding	33.1	31.4	44.9	31.3	19.4	32.2
Ridden in a car driven by someone who had been drinking alcohol	24.8	27.2	16.0	26.0	34.0	25.5

Note: Data points show the percentage of students reporting each behavior.

- Across the overall sample, 63.5% of Timberlane Regional Middle School students reported always wearing a seatbelt.
- Across the overall sample, 39.7% of Timberlane Regional Middle School students reported wearing a helmet most of the time or always while biking, and 32.2% reported wearing a helmet most of the time or always while rollerblading or skateboarding.
- Across the overall sample, 25.5% of Timberlane Regional Middle School students reported having ridden in a car driven by someone who had been drinking alcohol.

How often do you wear a seatbelt when riding in a car?

	Never	Rarely	Sometimes	Most of the time	Always
Overall Sample	2.1	3.8	8.2	22.5	63.5
Grade Level					
6 th	1.2	1.9	6.2	18.6	72.1
7 th	0.3	5.1	9.2	24.1	61.3
8 th	4.5	4.5	9.2	24.6	57.3
Gender					
Female	1.2	3.4	9.3	22.1	63.9
Male	3.0	4.3	7.1	22.7	62.8
Race and Ethnicity					
White	1.4	3.6	8.1	22.6	64.3
Other	7.7	5.8	9.6	22.1	54.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When you ride a bicycle, how often do you wear a helmet?

	Do not ride	Never	Rarely	Sometimes	Most of the time	Always
Overall Sample	7.7	25.1	16.6	13.9	18.4	18.3
Grade Level						
6 th	5.0	18.3	13.3	17.3	22.3	23.8
7 th	7.3	26.0	16.8	12.1	16.5	21.3
8 th	10.7	30.9	19.6	12.5	16.3	10.1
Gender						
Female	8.9	23.1	16.2	14.4	19.5	17.8
Male	6.3	27.7	16.7	13.4	16.9	19.0
Race and Ethnicity						
White	6.9	24.8	17.3	13.3	19.2	18.5
Other	12.5	28.8	12.5	21.2	10.6	14.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When you rollerblade or ride a skateboard, how often do you wear a helmet?

	Do not skate	Never	Rarely	Sometimes	Most of the time	Always
Overall Sample	40.6	22.1	9.8	8.4	9.0	10.1
Grade Level						
6 th	36.3	17.1	8.7	9.3	12.7	15.8
7 th	42.0	20.4	10.5	8.9	8.6	9.6
8 th	43.3	28.5	10.1	7.1	5.9	5.0
Gender						
Female	40.0	21.1	9.1	9.9	9.5	10.3
Male	41.2	23.6	10.0	6.7	8.5	10.0
Race and Ethnicity						
White	40.9	21.8	10.0	8.8	8.8	9.7
Other	33.7	27.9	8.7	6.7	10.6	12.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever ridden in a car driven by someone who had been drinking alcohol?

	Yes	No	Not Sure
Overall Sample	19.1	55.8	25.1
Grade Level			
6 th	11.9	62.2	25.9
7 th	19.5	55.6	24.9
8 th	25.7	49.9	24.5
Gender			
Female	18.9	57.3	23.8
Male	19.9	53.2	26.8
Race and Ethnicity			
White	18.6	56.0	25.4
Other	25.0	51.0	24.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Violence-Related Behavior

The 2009 YRBS includes three items that address violence-related behavior. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for each of the three items. Second, full response distributions are presented for each item. The item-level response distributions are presented in the same order in which they appear in the survey booklet. Both the summary table and the response distribution tables show results by gender group, grade level, and the overall sample. The response distribution tables also show results by race and ethnic group.

Results Summary – Weapons and Fighting

	Female	Male	6th	7th	8th	All
Carried a weapon, such as a gun, knife, or club	9.8	42.9	21.8	29.7	25.1	25.5
In a physical fight	27.5	57.4	35.1	44.9	45.7	42.0
Injury from physical fight requiring medical treatment	2.2	4.4	2.8	4.2	3.0	3.3

Note: Data points show the percentage of students reporting behavior.

- Across the overall sample, 25.5% of Timberlane Regional Middle School students have carried a weapon such as a gun, knife, or club.
- Across the overall sample, 42.0% of Timberlane Regional Middle School students have been in a physical fight and 3.3% sustained an injury from a physical fight that required medical treatment.
- Males reported higher rates than females across all three measures.

Have you ever carried a weapon, such as a gun, knife, or club?

	Yes	No
Overall Sample	25.5	74.5
Grade Level		
6 th	21.8	78.2
7 th	29.7	70.3
8 th	25.1	74.9
Gender		
Female	9.8	90.2
Male	42.9	57.1
Race and Ethnicity		
White	23.3	76.7
Other	43.1	56.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever been in a physical fight?

	Yes	No
Overall Sample	42.0	58.0
Grade Level		
6 th	35.1	64.9
7 th	44.9	55.1
8 th	45.7	54.3
Gender		
Female	27.5	72.5
Male	57.4	42.6
Race and Ethnicity		
White	39.8	60.2
Other	61.5	38.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?

	Yes	No
Overall Sample	3.3	96.7
Grade Level		
6 th	2.8	97.2
7 th	4.2	95.8
8 th	3.0	97.0
Gender		
Female	2.2	97.8
Male	4.4	95.6
Race and Ethnicity		
White	2.8	97.2
Other	7.7	92.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Sexual Behavior

The 2009 YRBS includes five items that address sexual behavior. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for each of the five items. Second, full response distributions are presented for each item. The item-level response distributions are presented in the same order in which they appear in the survey booklet. Both the summary table and the response distribution tables show results by gender group, grade level, and the overall sample. The response distribution tables also show results by race and ethnic group.

	Female	Male	6th	7th	8th	All
Taught about AIDS/HIV in school	47.0	54.5	15.0	65.6	61.2	50.5
Had sexual intercourse (lifetime)	8.9	10.7	3.2	9.3	16.0	9.6
Among sexually active respondents: Average number of partners during lifetime	2.0	2.2	1.9	1.6	2.4	2.1
Among sexually active respondents: Used condom during last episode of sexual intercourse	72.7	66.7	60.0	72.4	69.6	69.5
Among sexually active respondents: Average age of first episode of sexual intercourse	12.0	10.7	10.2	11.7	11.4	11.3

Note: Unless specified, data points show percentages. Average number of partners is an estimate because the highest response category—"four or more people"—was assigned a value of 4.0 for the calculation.

- In Timberlane Regional Middle School, 50.5% of students have been taught about AIDS or HIV infection in school.
- In Timberlane Regional Middle School, 8.9% of female students and 10.7% of male students have had sexual intercourse.
- Among sexually active students, females have had an average of 2.0 partners and males have had 2.2 partners.
- Among sexually active students, 69.5% reported the use of a condom during the last time they had sexual intercourse.
- Among sexually active students, the average age of the first episode of sexual intercourse was 12.0 for females and 10.7 for males.

Have you ever had sexual intercourse?

	Yes	No
Overall Sample	9.6	90.4
Grade Level		
6 th	3.2	96.8
7 th	9.3	90.7
8 th	16.0	84.0
Gender		
Female	8.9	91.1
Male	10.7	89.3
Race and Ethnicity		
White	8.5	91.5
Other	19.0	81.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How old were you when you had sexual intercourse for the first time?

	Never Had Sex	8 Years or Younger	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years or Older
Overall Sample	90.2	1.5	0.5	1.0	1.0	2.2	2.8	0.7
Grade Level								
6 th	96.6	0.9	0.0	0.6	1.2	0.6	0.0	0.0
7 th	90.8	0.0	0.6	1.0	1.6	3.8	2.2	0.0
8 th	83.6	3.6	0.9	1.5	0.3	2.1	6.0	2.1
Gender								
Female	90.9	0.4	0.4	0.6	1.2	2.6	2.6	1.2
Male	89.1	2.8	0.7	1.5	0.9	1.7	3.0	0.2
Race and Ethnicity								
White	91.5	0.8	0.4	0.8	0.9	2.1	2.8	0.7
Other	79.6	7.8	1.9	2.9	1.9	2.9	1.9	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

With how many people have you ever had sexual intercourse?

	Never Had Sex	1 Person	2 People	3 People	4 or more People
Overall Sample	90.2	4.7	1.9	0.5	2.7
Grade Level					
6 th	96.3	2.2	0.6	0.0	0.9
7 th	90.7	5.4	2.9	0.0	1.0
8 th	83.7	6.6	2.1	1.5	6.0
Gender					
Female	91.1	4.5	1.8	0.8	1.8
Male	88.8	5.3	2.0	0.2	3.7
Race and Ethnicity					
White	91.4	4.5	1.9	0.2	2.0
Other	79.4	6.9	2.0	2.9	8.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

The last time you had sexual intercourse, did you or your partner use a condom?

	Never Had Sex	Yes	No
Overall Sample	90.1	6.8	3.0
Grade Level			
6 th	96.8	1.9	1.3
7 th	90.8	6.7	2.5
8 th	83.3	11.6	5.1
Gender			
Female	91.1	6.5	2.4
Male	88.7	7.5	3.8
Race and Ethnicity			
White	91.4	6.0	2.6
Other	79.2	13.9	6.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever been taught about AIDS or HIV infection in school?

	Yes	No	Not Sure
Overall Sample	36.3	35.6	28.1
Grade Level			
6 th	8.8	49.7	41.6
7 th	51.0	26.8	22.3
8 th	48.5	30.7	20.9
Gender			
Female	32.9	37.1	30.0
Male	40.6	33.9	25.5
Race and Ethnicity			
White	36.4	35.6	28.0
Other	36.3	35.3	28.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Suicide-Related Attitudes and Behaviors

The 2009 YRBS includes three items that address suicide-related attitudes and behaviors. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for each of the three items. Second, full response distributions are presented for each item. The item-level response distributions are presented in the same order in which they appear in the survey booklet. Both the summary table and the response distribution tables show results by gender group, grade level, and the overall sample. The response distribution tables also show results by race and ethnic group.

Results Summary – Suicide-Related Attitudes and Behaviors

	Female	Male	6th	7th	8th	All
Seriously considered attempting suicide	17.7	9.8	9.7	12.8	18.8	13.9
Made a suicide plan	9.6	5.5	4.4	7.7	10.5	7.6
Attempted suicide	6.8	2.2	1.9	4.8	6.6	4.5

Note: Data points show the percentage of students reporting an attitude or behavior.

- Among the overall sample, 13.9% of students reported seriously considering attempting suicide, and 7.6% of students reported developing a suicide plan.
- Among the overall sample, 4.5% of students reported attempting suicide.
- Females reported notably high rates of suicide-related attitudes and behaviors.

Have you ever seriously thought about killing yourself?

	Yes	No
Overall Sample	13.9	86.1
Grade Level		
6 th	9.7	90.3
7 th	12.8	87.2
8 th	18.8	81.2
Gender		
Female	17.7	82.3
Male	9.8	90.2
Race and Ethnicity		
White	12.8	87.2
Other	24.5	75.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever made a plan about how you would kill yourself?

	Yes	No
Overall Sample	7.6	92.4
Grade Level		
6 th	4.4	95.6
7 th	7.7	92.3
8 th	10.5	89.5
Gender		
Female	9.6	90.4
Male	5.5	94.5
Race and Ethnicity		
White	6.8	93.2
Other	13.6	86.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever tried to kill yourself?

	Yes	No
Overall Sample	4.5	95.5
Grade Level		
6 th	1.9	98.1
7 th	4.8	95.2
8 th	6.6	93.4
Gender		
Female	6.8	93.2
Male	2.2	97.8
Race and Ethnicity		
White	4.0	96.0
Other	7.9	92.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Body Weight and Dieting

The 2009 YRBS includes seven items that address body weight and dieting. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for each of the seven items. Second, full response distributions are presented for each item. The item-level response distributions are presented in the same order in which they appear in the survey booklet. Both the summary table and the response distribution tables show results by gender group, grade level, and the overall sample. The response distribution tables also show results by race and ethnic group.

Results Summary – Body Weight and Dieting

	Female	Male	6th	7th	8th	All
Students describing themselves as either “slightly overweight” or “very overweight”	28.4	26.6	25.2	29.2	28.6	27.6
Trying to lose weight	48.2	34.3	40.2	41.2	43.2	41.6
Trying to gain weight	4.1	14.1	9.6	8.6	8.6	9.0
Exercised to lose or keep from gaining weight	75.0	63.9	62.7	73.2	72.7	69.5
Dieted to lose or keep from gaining weight	50.7	32.6	32.9	44.6	48.2	42.0
Fasted for 24+ hours to lose or keep from gaining weight (past 30 days)	16.1	9.4	8.7	11.9	17.0	12.6
Used diet pills, powders, or liquids to lose or keep from gaining weight	5.7	2.6	2.5	3.8	5.9	4.1
Vomited or used laxatives to lose or keep from gaining weight (past 30 days)	9.1	2.6	1.9	5.7	9.8	5.9

Note: Data points show percentages. Data on weight loss and weight gain come from a single survey question.

- In Timberlane Regional Middle School, 28.4% of female students and 26.6% of male students described themselves as either “slightly overweight” or “very overweight.”
- In Timberlane Regional Middle School, 48.2% of female students and 34.3% of male students are trying to “lose weight,” while 4.1% of female students and 14.1% of male students are trying to “gain weight.”
- In Timberlane Regional Middle School, 75.0% of female students and 63.9% of male students have exercised to either lose weight or keep from gaining weight.

- In Timberlane Regional Middle School, 50.7% of female students and 32.6% of male students have dieted to either lose weight or keep from gaining weight.

How do you describe your weight?

	Very Under-weight	Slightly Under-weight	About the Right Weight	Slightly Over-weight	Very Over-weight
Overall Sample	2.9	13.9	55.6	23.5	4.1
Grade Level					
6 th	5.3	16.5	53.1	22.7	2.5
7 th	2.3	14.0	54.5	26.0	3.2
8 th	1.2	11.3	58.9	22.0	6.5
Gender					
Female	2.0	12.3	57.3	23.9	4.5
Male	3.9	15.5	53.9	22.7	3.9
Race and Ethnicity					
White	2.9	14.4	55.8	23.3	3.5
Other	2.9	10.7	53.4	25.2	7.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Which of the following are you trying to do about your weight?

	Lose Weight	Gain Weight	Stay the Same Weight	Not Trying to Do Anything About My Weight
Overall Sample	41.6	9.0	24.2	25.3
Grade Level				
6 th	40.2	9.6	25.7	24.5
7 th	41.2	8.6	24.0	26.2
8 th	43.2	8.6	22.9	25.3
Gender				
Female	48.2	4.1	24.4	23.4
Male	34.3	14.1	24.1	27.4
Race and Ethnicity				
White	41.9	8.3	24.7	25.1
Other	40.8	15.5	20.4	23.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever exercised to lose weight or to keep from gaining weight?

	Yes	No
Overall Sample	69.5	30.5
Grade Level		
6 th	62.7	37.3
7 th	73.2	26.8
8 th	72.7	27.3
Gender		
Female	75.0	25.0
Male	63.9	36.1
Race and Ethnicity		
White	69.7	30.3
Other	68.9	31.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

	Yes	No
Overall Sample	42.0	58.0
Grade Level		
6 th	32.9	67.1
7 th	44.6	55.4
8 th	48.2	51.8
Gender		
Female	50.7	49.3
Male	32.6	67.4
Race and Ethnicity		
White	42.4	57.6
Other	38.8	61.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Yes	No
Overall Sample	12.6	87.4
Grade Level		
6 th	8.7	91.3
7 th	11.9	88.1
8 th	17.0	83.0
Gender		
Female	16.1	83.9
Male	9.4	90.6
Race and Ethnicity		
White	12.0	88.0
Other	18.4	81.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	Yes	No
Overall Sample	4.1	95.9
Grade Level		
6 th	2.5	97.5
7 th	3.8	96.2
8 th	5.9	94.1
Gender		
Female	5.7	94.3
Male	2.6	97.4
Race and Ethnicity		
White	4.0	96.0
Other	5.8	94.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight?

	Yes	No
Overall Sample	5.9	94.1
Grade Level		
6 th	1.9	98.1
7 th	5.7	94.3
8 th	9.8	90.2
Gender		
Female	9.1	90.9
Male	2.6	97.4
Race and Ethnicity		
White	5.9	94.1
Other	6.8	93.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Physical Activity and Health

The 2009 YRBS includes six items that address physical activity and health. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates or averages for each of the six items. Second, full response distributions are presented for four of the items. The item-level response distributions are presented in the same order in which they appear in the survey booklet. Both the summary table and the response distribution tables show results by gender group, grade level, and the overall sample. The response distribution tables also show results by race and ethnic group.

	Female	Male	6th	7th	8th	All
Number of days over past week that students were physically active (20 minutes or more)	4.1	4.2	3.8	4.4	4.2	4.2
Number of hours of TV on a school day	1.7	1.9	1.8	1.8	1.8	1.8
Number of days of PE class each week	2.7	2.7	2.6	2.7	2.7	2.7
Height in inches	62	63	60	62	64	62
Weight in pounds	107	113	97	113	120	110
Play on sport teams	61.8	74.0	65.7	74.2	62.8	67.5

Note: The first five data rows show averages. The last data row shows percentages.

- Over the past week, Timberlane Regional Middle School students reported an average of 4.2 days in which they were physically active for at least 20 minutes.
- On school days, Timberlane Regional Middle School students reported watching an average of 1.8 hours of television.
- Timberlane Regional Middle School students reported an average of 2.7 days per week in which they had physical education classes.
- Across the overall sample, 67.5% of students reported that they play on a sports team.

On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

	0 Days	1 Day	2 Days	3 Days	4 Days	5 Days	6 Days	7 Days
Overall Sample	7.1	5.1	11.1	15.0	16.6	14.9	9.1	21.2
Grade Level								
6 th	10.8	5.9	13.0	14.8	14.5	14.8	9.3	17.0
7 th	4.8	4.2	9.0	14.5	20.9	12.2	10.6	23.8
8 th	5.7	5.1	11.4	15.6	14.7	17.4	7.5	22.8
Gender								
Female	5.5	4.7	12.3	17.0	16.2	15.6	9.8	18.9
Male	8.5	5.2	10.2	13.2	16.7	14.1	8.0	24.1
Race and Ethnicity								
White	6.1	5.1	11.0	15.1	16.7	15.8	9.7	20.6
Other	14.4	3.8	10.6	15.4	15.4	7.7	5.8	26.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

On an average school day, how many hours do you watch TV?

	Do Not Watch	Less Than 1 Hour per Day	1 Hour per Day	2 Hours per Day	3 Hours per Day	4 Hours per Day	5+ Hours per Day
Overall Sample	6.8	17.5	21.1	29.3	16.1	3.4	5.8
Grade Level							
6 th	7.1	19.2	20.7	26.6	17.3	2.5	6.5
7 th	5.8	17.6	20.4	30.7	16.0	4.5	5.1
8 th	7.5	15.9	22.2	30.5	15.0	3.3	5.7
Gender							
Female	7.9	17.5	22.4	28.1	16.5	3.3	4.3
Male	5.9	17.2	19.8	30.7	15.3	3.5	7.6
Race and Ethnicity							
White	6.3	17.6	21.9	30.0	15.4	3.6	5.2
Other	9.6	19.2	13.5	25.0	21.2	1.9	9.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

In an average week when you are in school, on how many days do you go to physical education (PE) classes?

	0 Days	1 Day	2 Days	3 Days	4 Days	5 Days
Overall Sample	6.9	1.0	10.7	79.1	1.1	1.3
Grade Level						
6 th	9.3	1.3	12.2	74.4	0.6	2.2
7 th	5.9	0.0	10.5	82.2	1.0	0.3
8 th	5.5	1.5	9.5	80.7	1.5	1.2
Gender						
Female	6.9	0.4	9.2	81.8	1.0	0.6
Male	7.2	1.3	12.6	76.0	0.9	2.0
Race and Ethnicity						
White	6.5	1.0	10.6	79.7	1.0	1.2
Other	9.2	1.0	12.2	74.5	2.0	1.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Do you play on any sports teams? (Include any teams run by your school or community groups.)

	Yes	No
Overall Sample	67.5	32.5
Grade Level		
6 th	65.7	34.3
7 th	74.2	25.8
8 th	62.8	37.2
Gender		
Female	61.8	38.2
Male	74.0	26.0
Race and Ethnicity		
White	68.4	31.6
Other	62.5	37.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Additional Tables

During the past 12 months, how would you describe your grades in school?

	Mostly A's	Mostly B's	Mostly C's	Mostly D's	Mostly F's	None of these grades	Not sure
Overall Sample	50.9	36.6	8.2	1.0	0.4	0.2	2.7
Grade Level							
6 th	54.5	35.1	5.0	0.9	0.6	0.3	3.4
7 th	48.1	38.4	10.0	1.6	0.0	0.0	1.9
8 th	50.0	36.2	9.6	0.6	0.6	0.3	2.7
Gender							
Female	60.1	30.7	5.9	0.6	0.4	0.0	2.2
Male	40.7	42.7	10.8	1.5	0.4	0.4	3.3
Race and Ethnicity							
White	52.1	36.8	7.6	0.8	0.2	0.1	2.3
Other	40.8	34.0	13.6	2.9	1.9	1.0	5.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.